

Diabetes Update:

Proactive Steps for Healthy Foot Care

Satellite Conference and Live Webcast

Tuesday, March 7, 2006

2:00-4:00 p.m. (Central Time)
3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

Diabetes is the sixth leading cause of death in the United States. And while as many as 21 million people in the US have diabetes, more than 6 million people remain undiagnosed. In spite of efforts to control diabetes and improve limb salvage rates, the number of diabetes-related amputations continues to rise. Over 80,000 amputations are performed each year, with approximately one-half being partial foot procedures and one-half being higher amputations. For people with diabetes, limb amputations occur 10 to 30 times more often than in persons without diabetes. By evaluating and identifying patients at risk for amputation, clinicians may initiate simple, preventive interventions that can help lower these dismal statistics.

Patients who have diabetes may experience many long-term complications such as neuropathy, a leading cause of foot ulceration. This is estimated to affect 15% of all persons with diabetes at some time during their lives. Diabetic foot ulcers and lower-extremity amputation are recognized as major public health issues and were included in the Healthy People 2010 initiative. Diabetic foot ulceration accounts for 80% of the \$11 billion annual cost to treat diabetic peripheral neuropathy and its complications.

All patients with risk factors, such as peripheral vascular disease, neuropathy, foot deformity and especially focal pressure keratosis, require periodic evaluation and management. When a management program is in place, expected outcomes include a decreased need for surgery, hospitalization or amputation among patients with diabetic ulcers. Identifying persons at high risk and initiating interventions can prevent amputation, the most costly and most feared consequence of foot problems among people with diabetes.

Faculty

Terry Treadwell, MD
Institute for Advanced Wound Care

Ace Anglin, DPM
Lister Hill Health Center

Michelle Jeffcoat, RD
Sesni Nutrition, Inc.

Program Objectives:

1. To review appropriate foot care for people with diabetes.
2. To provide the latest information for treatment of foot wounds of people with diabetes.
3. To determine medical nutrition therapy for people with diabetes and foot problems.

Conference Details:

Target Audience: Physicians, Nurse Practitioners, Nurses, Physician Assistants, Pharmacists, Dietitians and Social Workers.

Registration: www.adph.org/alphntn **Cost:** There is no cost to view.

CMEs: Tuskegee Area Health Education Center, Inc. and the Continuing Medical Education Committee, Central Alabama Veterans Health Care System are approved as providers of Continuing Medical Education of the State of Alabama and designate this activity for a maximum of 2 hours in Category 1 of the Physicians Recognition Award. Each physician should claim only those hours he/she actually spent in the educational activity.

Satellite Technical Information: This program will be a live satellite broadcast on both Ku & C bands.

Webcast Information: Please register at www.adph.org/alphntn To view this live webcast, you will need RealPlayer or Windows Media Player. This program will also be available as an on-demand webcast approximately 5 days after the live broadcast.

Conference Materials: Posted on our website approximately one week before the program.

Questions For Faculty: If you have questions that you want addressed during the conference, you may fax or email those questions and a response will be given during the program.

Email: alphntnquestions@adph.state.al.us or Fax: 888-737-1972.

General Questions: For questions about any of these conference details call: 334-206-5618 or email: alphntn@adph.state.al.us